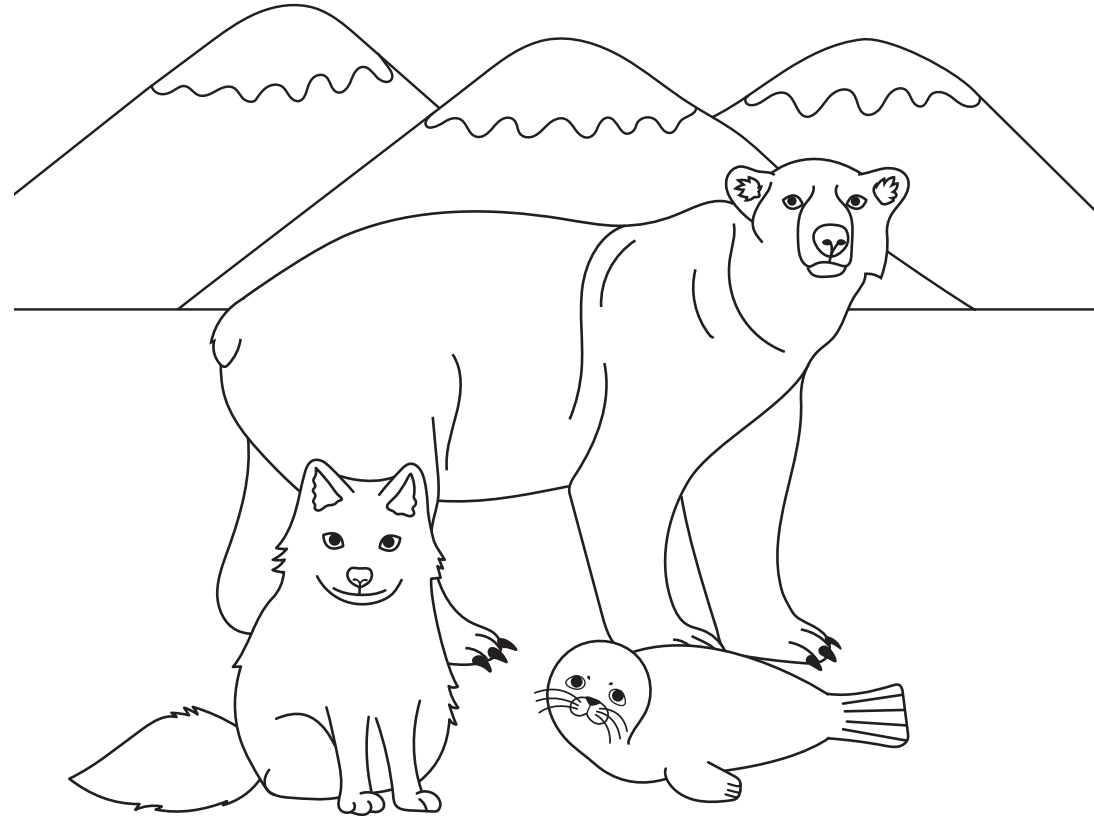


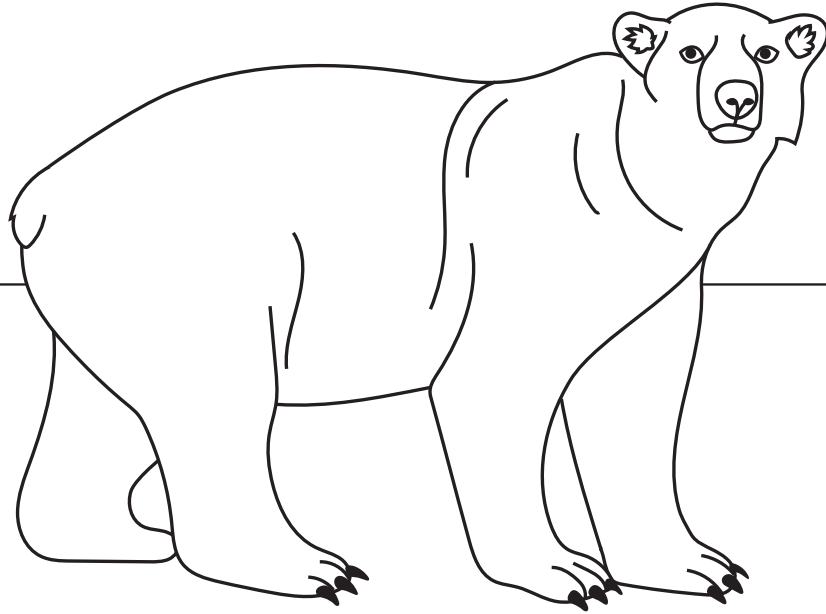
# ARCTIC ANIMALS

**TeachKind**  
[ PETA's Humane Education Division ]



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# Polar Bears



## Quick Facts

- In the wild, polar bears can live up to 25 years.
- A female polar bear usually gives birth to twin cubs, who stay with her for about two years.
- Their fur appears white to help them blend in with their surroundings, but it's actually colorless.

## Problem: Climate Change

Polar bears are a threatened species, which means that their population has gone down a lot. Their habitat is getting warmer because of climate change—which will make it hard for them to survive in the future.

## How You Can Help

The best way to help polar bears is by eating only vegan foods. Growing plants for food is better for the environment than raising animals for food, so it's a compassionate choice that will help wild animals.

# Polar Pop Quiz

Which animal are you the most similar to? Why?

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Which animal do you want to help the most? Why?

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Which animal fact is the most interesting to you? Why?

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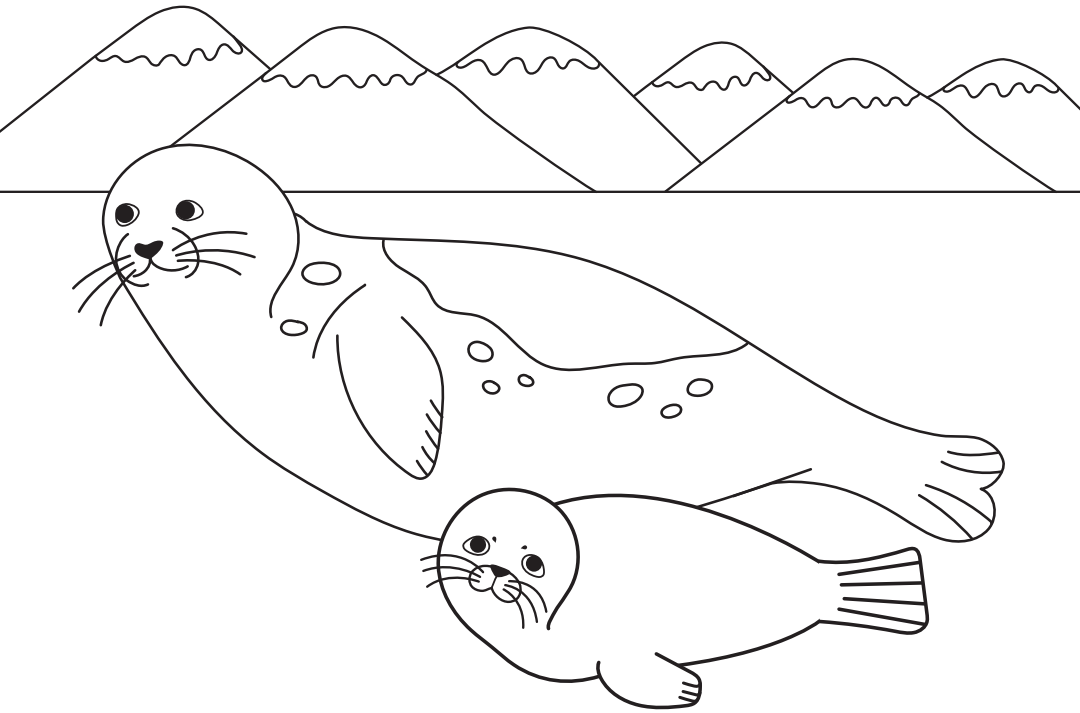
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# Harp Seals



## Quick Facts

- Mother seals and their babies form a very strong bond and recognize each other by the sounds they make and the way they smell.
- Female seals nurse their newborn pups for a few days before going out to sea to feed, leaving the babies in a protected area for three to five days. When the mothers return, each one calls her pup with a specific bark—and they answer!

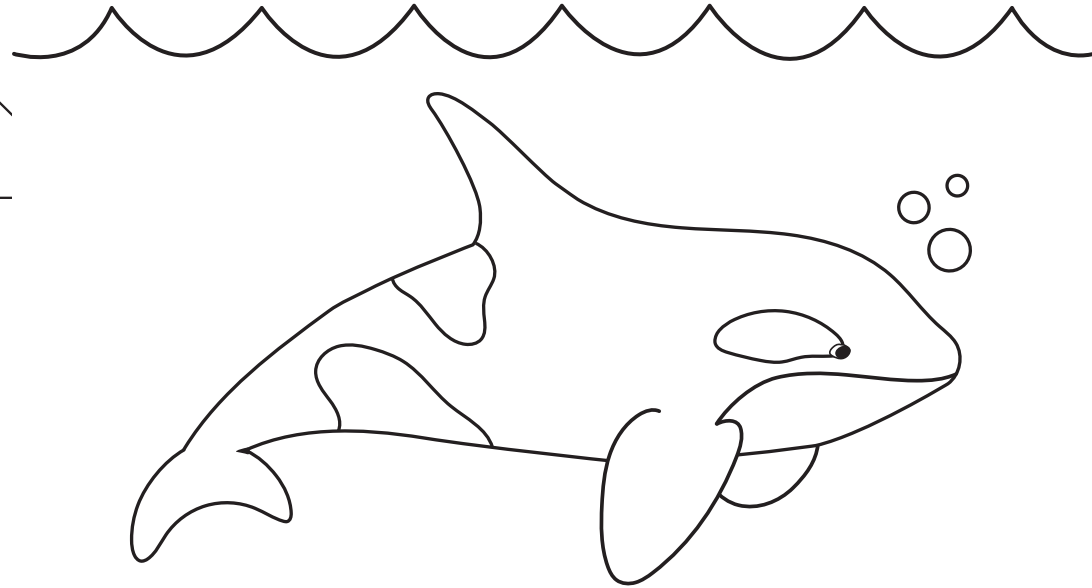
## Problem: Fur Trade

When harp seal pups are just a few weeks old, they lose their white baby fur—and once this happens, sealers in Canada are allowed to kill and skin them for fur coats and accessories.

## How You Can Help

Write letters to Canadian government officials asking them to stop allowing seals to be killed for their fur.

# Orcas



## Quick Facts

- In the wild, orcas spend their entire lives with their families in groups called “pods,” and female orcas can live to be over 100 years old.
- They can swim up to 140 miles a day.
- They use a special ability called “echolocation” to navigate and to communicate with each other.

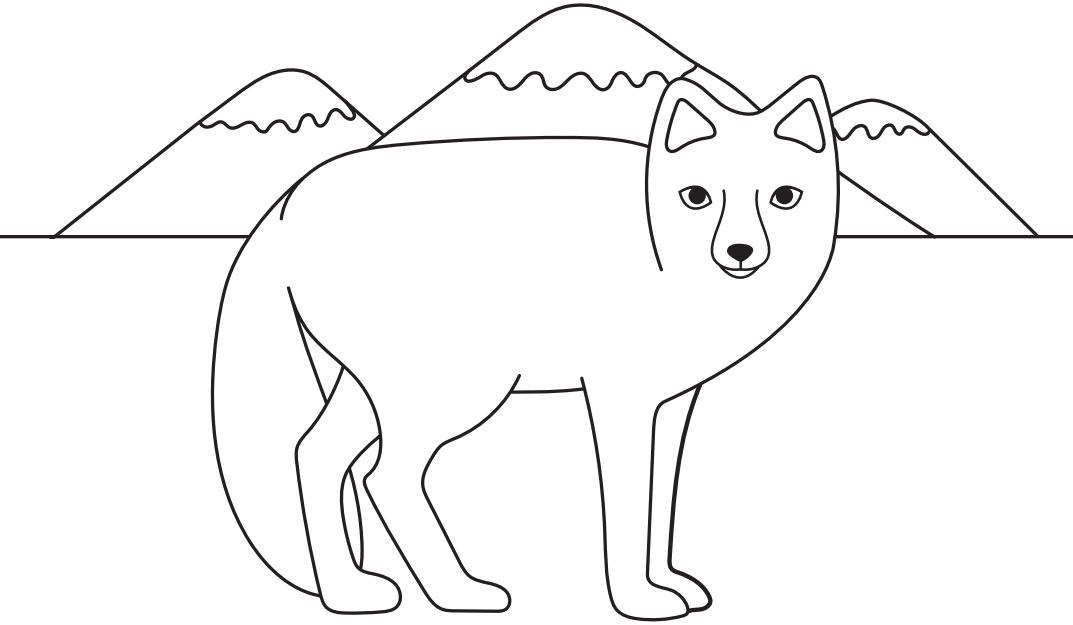
## Problem: Captivity

Orcas held captive at marine parks like SeaWorld and the Miami Seaquarium are confined to cramped tanks, forced to entertain humans, and deprived of everything that’s natural and important to them. Forty orcas have died at SeaWorld, at an average age of only 14.

## How You Can Help

Stand up for orcas by refusing to visit marine parks like SeaWorld and the Miami Seaquarium. You can also write letters to the park officials and ask them to release the orcas to seaside sanctuaries, which are places near the ocean that are similar to their natural habitat and will give them some freedom.

## Arctic Foxes



### Quick Facts

- Arctic foxes have fur that changes color with the seasons to help them blend in with their surroundings. In the summer, it's brownish gray, but in the winter, it's white.
- They mate for life, and both parents help care for their young.
- They're very smart—sometimes they even eat other animals' leftovers when food is scarce.

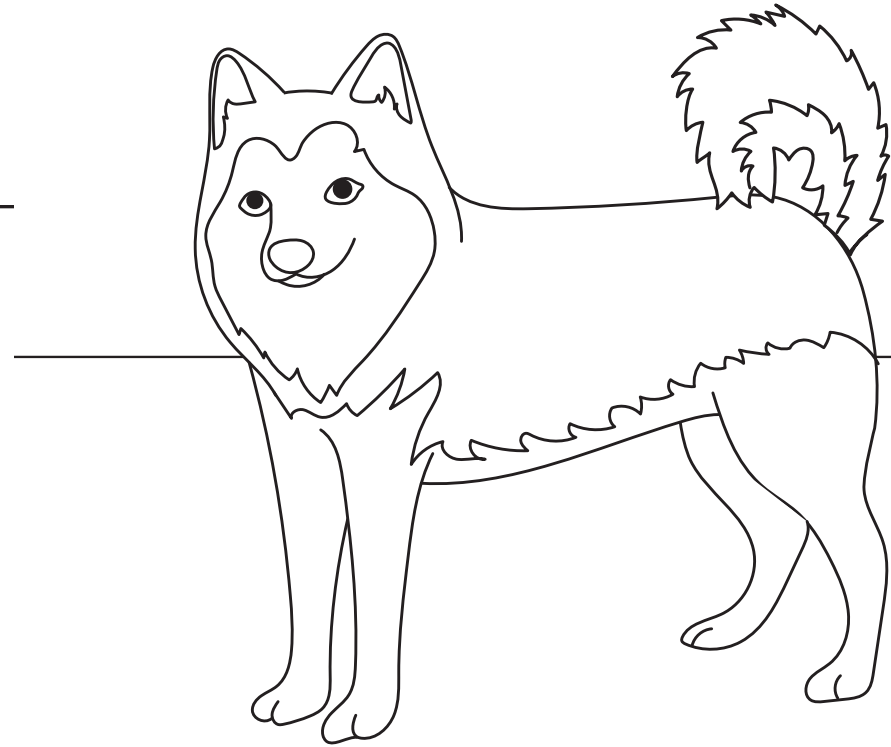
### Problem: Fur Farms

On fur farms, Arctic foxes are kept in tiny, filthy wire cages for their entire lives and then killed for their fur. In the wild, they are often caught in traps that crush their legs. They can't escape, so they suffer until either they die from their injuries or trappers come and kill them for their fur.

### How You Can Help

You can help these beautiful animals by pledging never to buy or wear fur and asking your friends and family to do the same.

## Alaskan Malamutes



### Quick Facts

- Malamutes are extremely loyal companions who love their families.
- They're very energetic and need lots of room to explore and run.
- Although they look like wolves, they're really domesticated dogs who rely on their human guardians—but they do howl like wolves.

### Problem: Dog Sled Races

Unfortunately, many humans still use malamutes to make money in sled races like the Iditarod. In this cruel event, dogs are forced to run about 1,000 miles while pulling heavy sleds.

### How You Can Help

Tell others that dog sled racing is cruel, and write to the sponsors of these races asking them to cut off their support.