



'Share the World' Week • SharetheWorld.org

Take a stand against bullying  
and practice the **GOLDEN RULE** every day!

## Five days of kind actions to promote compassion and empathy in our school

Bullying and violence are on the rise in school communities, but together, we can help children learn to share the world. This week, doing the following activities with your students will help them develop empathy for animals, which will carry over to their classmates and others as well.

Visit [ShareTheWorld.org](http://ShareTheWorld.org) to download or order your free Share the World kit! And e-mail us at [Info@teachkind.org](mailto:Info@teachkind.org) to request "I'm a Kind Kid" mini-pencils for your students (while supplies last). Check out [TeachKind.org](http://TeachKind.org) for more empathy-building lessons, activities, and other educational resources.

**MONDAY** Take the [Kindness Pledge](#).

Start the week by talking about the importance of treating others with kindness and respect—including the other animals they may encounter. Explain that **empathy** is when we imagine what it would be like to be in someone else's place. And just like with muscles, when we exercise empathy, it gets stronger!

**TUESDAY** Pick up litter in an outdoor area to help protect animals, clean up the environment, and beautify your community.

Help students see that this simple act can have a huge impact. You may want to include a discussion of the reasons why it's important not to throw trash on the ground ([SharetheWorld.org/Littering](http://SharetheWorld.org/Littering)).

**WEDNESDAY** Make a promise never to squash bugs. All animals deserve kindness, regardless of size. Earn "bonus points" by making an insect rescue kit! Find instructions at [SharetheWorld.org/InsectRescueKit](http://SharetheWorld.org/InsectRescueKit).

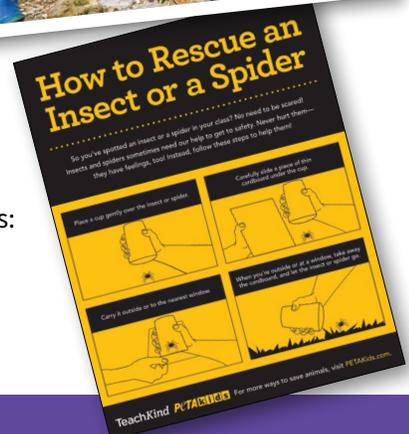
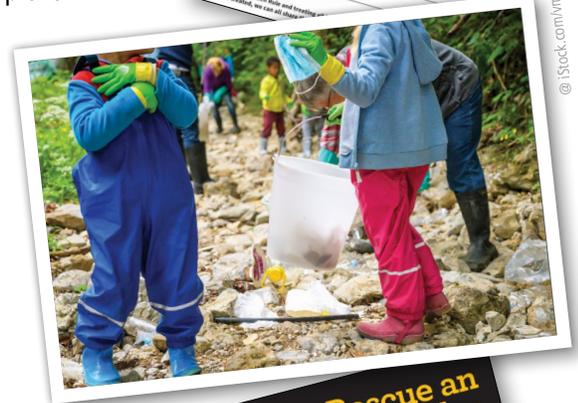
When children learn to see things from the point of view of even the smallest animals, it can help them behave with more empathy toward their peers.

**THURSDAY** Collect gently used towels, bedding, and other supplies and donate them to a local animal shelter. Alternatively, write thank-you cards to the shelter workers, or create adoption posters for the animals.

This is a great way to show kids how different people and organizations in their community help others, including animals.

**FRIDAY** Read a book about being kind to other living beings. Check out these great stories: [SharetheWorld.org/CompassionateBooks](http://SharetheWorld.org/CompassionateBooks).

Books with compassion for animals as the central theme can inspire and empower students to show compassion and share the world with others.



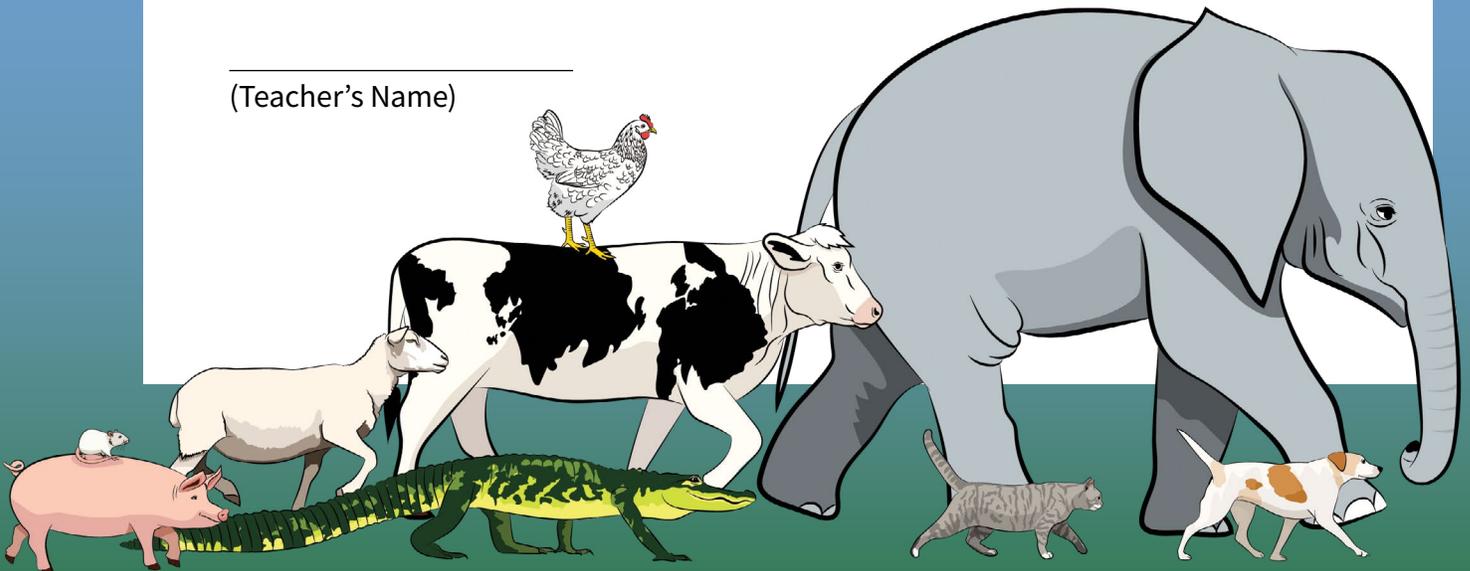
Everyone deserves empathy!

## Dear Families,

Our class will be participating in “Share the World” Week during the week of \_\_\_\_\_. We’ll be discussing ways to show kindness and empathy for all living beings, including animals, as well as taking part in compassionate activities. Kids who are taught to be kind to animals tend to be more empathetic toward their peers. You can help your child cultivate compassion for animals at home by doing these things together:

- Spend quality time with your animal companions. Playing with them, gently brushing or petting them, and giving them exercise are great ways to bond. If you don’t have an animal companion at home, offer to walk a neighbor’s dog or look after a neighbor’s cat.
- Quietly observe animals in nature from a distance. Explain to your child that it’s unkind to chase, harass, or remove them from their natural habitat.
- Help prevent birds from striking your windows! Cut shapes (like leaves) out of pieces of dark-colored paper and tape them to each window. This can help cut down on the reflection that makes windows look transparent to birds.
- Put together an animal-rescue kit to keep in your family’s car in case of emergency. Make sure it includes a towel, a leash, a bottle of water, and a cardboard box or carrier.
- Break the bad habit of referring to animals as “it” instead of “he,” “she,” or “they” by creating an “it” jar. Find instructions at [SharetheWorld.org/ItJar](http://SharetheWorld.org/ItJar).
- Explain why animals need our voices when they’re in danger. If your child knows that someone has hurt an animal, the best thing to do is to report it to you, a teacher, or the police before the person hurts another animal. People who hurt other people often start out by hurting dogs, cats, and other animals.

\_\_\_\_\_  
(Teacher’s Name)



TeachKind  
**SHARE THE  
WORLD**

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Our class is practicing

**THE GOLDEN RULE**

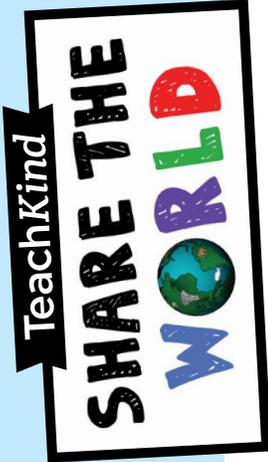
toward ALL living beings

**FIVE DAYS OF KIND ACTIONS**

- DAY 1 \_\_\_\_\_
- DAY 2 \_\_\_\_\_
- DAY 3 \_\_\_\_\_
- DAY 4 \_\_\_\_\_
- DAY 5 \_\_\_\_\_

Join us!





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# THANK YOU FOR SHARING THE WORLD!

(Class Name)

Thank you for being kind to animals during "Share the World" Week!  
You have inspired kids and adults alike to be compassionate toward all individuals whenever they can.

*Ingrid Newkirk*  
INGRID NEWKIRK, PRESIDENT, PETA

